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# EXECUTIVE SUMMARY

Harrowing Journeys: Children and youth on the move across the Mediterranean Sea, at risk of trafficking and exploitation

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## EXECUTIVE SUMMARY

Young migrants and refugees set out to escape harm or secure better futures – and face staggering risks in the process. For 17-year-old Mohammad, who travelled through Libya to seek asylum in Italy, violence and persecution back home meant the choice was clear: “We risked our lives to come here,” he says, “we crossed a sea. We knew it is not safe, so we sacrificed. We do it, or we die.”<sup>1</sup>

For children and youth on the move via the Mediterranean Sea routes to Europe, the journey is marked by high levels of abuse, trafficking and exploitation. Some are more vulnerable than others: those travelling alone, those with low levels of education and those undertaking longer journeys. Most vulnerable of all are those who, like Mohammad, come from sub-Saharan Africa.<sup>2</sup>

These findings come from a new UNICEF and International Organization for Migration (IOM) analysis of the journeys of some 11,000 refugee and migrant children (adolescents aged 14–17) and youth (18–24), as recorded in their responses to the Displacement Tracking Matrix Flow Monitoring Surveys conducted by IOM along the Central and Eastern Mediterranean routes to Europe in 2016 and 2017.

The analysis reveals that while adolescents and youth are at greater risk than adults on both routes, the Central Mediterranean route to Italy is singularly dangerous. It takes most young migrants and refugees through Libya, where they contend with pervasive lawlessness and violence and are often detained, by state authorities and others.

On both routes, additional years of education and travelling in a group, whether with family or not, afford young migrants and refugees a measure of protection. But where they come from outweighs either of these factors. An adolescent boy from sub-Saharan Africa, who has secondary education and travels in a group along the Central Mediterranean route, faces a 75 per cent risk of being exploited. If he came from another region, the risk would drop to 38 per cent.

Anecdotal reports and qualitative research from the Mediterranean region and elsewhere suggest that racism underlies this difference. Countless testimonies from young migrants and refugees from sub-Saharan Africa make clear that they are treated more harshly and targeted for exploitation because of the colour of their skin.

The story that emerges from the data confirms the tragic reality that adolescents and youth are prepared to pay a high price for a chance at a better life. Those interviewed in the surveys are among millions on the move worldwide, as recent decades have seen high levels of displacement, across borders and within countries. Many flee brutal conflicts or violence, while others move in search of prospects for better education or livelihoods.

With regular migration pathways barred for most, those seeking to make their way across borders often place their fates in the hands of smugglers. This alone leaves them dependent and vulnerable. They risk life and limb as they travel through harsh environments – and suffer appalling abuse and exploitation if they fall into the hands of traffickers, armed groups or other predators.

As the world continues to grapple with the reality of migration and displacement, the findings from this report underscore the urgent need for action. To protect the most vulnerable among those on the move, UNICEF and IOM call for a multi-pronged strategy that addresses the interplay of factors that expose migrant and refugee children and youth to risk – or help keep them safe.

Such a strategy includes expanding safe and regular migration channels to dampen the demand for smugglers, while fighting trafficking and exploitation. To enhance the resilience and protect the rights of children and youth, it entails investing in education and other basic services, coordinating child protection efforts across countries, and fighting racism and xenophobia in the countries migrants and refugees travel through and the ones in which they seek to make their lives.

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1. Interview by Ashley Gilbertson, 17 May 2016 in Italy.

2. Sub-Saharan Africa includes: Angola, Benin, Botswana, Burkina Faso, Burundi, Cabo Verde, Cameroon, Central African Republic, Chad, Comoros, Congo, Côte d'Ivoire, Democratic Republic of the Congo, Djibouti, Equatorial Guinea, Eritrea, Ethiopia, Gabon, Gambia, Ghana, Guinea, Guinea-Bissau, Kenya, Lesotho, Liberia, Madagascar, Malawi, Mali, Mauritania, Mauritius, Mozambique, Namibia, Niger, Nigeria, Rwanda, Sao Tome and Principe, Senegal, Seychelles, Sierra Leone, Somalia, South Africa, South Sudan, Sudan, Swaziland, Uganda, United Republic of Tanzania, Togo, Zambia and Zimbabwe.

## KEY FINDINGS

Adolescents and youth on the move along the **Central Mediterranean route** (CMR) and the **Eastern Mediterranean route** (EMR) contend with high levels of abuse, exploitation and discrimination. The **risks are much higher on the CMR** and are especially acute for some young migrants and refugees:

### 1 Adolescents and youth on the move are more vulnerable to trafficking and exploitation than adults

The risks are high for everyone on the CMR – but even higher for adolescents and youth, 77% of whom reported exploitation, compared to 69% of adults 25 and up.

On the EMR, 17% of adolescents and youth reported exploitation, compared with 10% of those 25 and older.

**On the CMR**



**8 of 10**  
adolescents and youth reported exploitation

**On the EMR**

adolescents and youth face nearly **2x the risk**



### 2 Adolescents and youth from sub-Saharan Africa are at particularly high risk of trafficking and exploitation

On the EMR, the risk is four times higher for sub-Saharan African adolescents and youth – 65% report exploitation, versus 15% of those from other regions.

On the CMR, adolescents and youth from sub-Saharan Africa also face considerably higher risks – 83% report exploitation, versus 56% of those from other regions.

Anecdotal accounts and qualitative research point to racism as a factor underlying this differential treatment.

**On the EMR**

**4x higher risk**



**for Sub-Saharan African adolescents and youth**

### 3 Adolescents and youth travelling alone are more vulnerable to trafficking and exploitation than those in groups

On the EMR, 28% of adolescents and youth travelling alone reported exploitation, compared with 12% of those travelling in groups, whether with family or not.

On the CMR, being in a group confers some measure of protection, with 79% of adolescents and youth travelling alone reporting exploitation, compared with 72% of those travelling in groups.

**On the EMR**

travelling alone more than **doubles the risk**



### 4 Adolescents with lower levels of education are more vulnerable to trafficking and exploitation

On the EMR, the risks for adolescents with no education are two thirds higher than for those with secondary education – with 23% of the former reporting exploitation, and 14% of the latter.

Adolescents with no education face higher risks on the CMR as well, with 90% reporting exploitation, compared with 75% of those with secondary education.

**On the CMR**

**9 of 10** adolescents with no education reported exploitation



Source: International Organization for Migration, Displacement Tracking Matrix Flow Monitoring Surveys, January 2016-May 2017





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